## Menu runs from 5/5 - 5/30

## MPA May Menu 2025



5 BRKFAST: 1 c milk     6 BRKFAST: 1 c milk     7 BRKFAST: 1 c milk     8 BRKFAST: 1 c milk     9 BRKFAST: 1 c milk       WG Pancakes     WG Muffin     Egg Sandwich     WG Bowlpak Cereal     Bagel Egg       Chicken Breakfast Sausage     Lowfat Cheesestick     W. Ham & Cheese     Lowfat Smoothie     w. Ham & Mandarin       Mixed Berries     Banana     Apples     Banana     Mandarin       LUNCH: 1 c milk     LUNCH: 1 c milk     LUNCH: 1 c milk     LUNCH: 1 c milk       ***Cinco de Mayo**     4 WG Chicken Nuggets     French Toast Sticks     American Chop Suey     1 Slice       Hard or Soft Tacos     OR Fish Sticks     w. Sausage & Potatoes     W. Broccoli     Chees	IDAY
WG Pancakes  WG Muffin  Egg Sandwich  WG Bowlpak Cereal  Bagel Egg  Chicken Breakfast Sausage  Lowfat Cheesestick  W. Ham & Cheese  Lowfat Smoothie  W. Ham & Steese  Lowfat Smoothie  W. Ham & Cheese  Lowfat Smoothie  Lowfat Smoothie  Lowfat Smoothie  Lowfat Smoothie  Lowfat Smoothie  Lowfat Smoothie  Lowfat Smo	T. 1 c milk
Chicken Breakfast Sausage  Mixed Berries  Banana  Apples  Banana  Apples  Banana  Apples  Banana  Mandarir  LUNCH: 1 c Milk	
Mixed Berries  Banana  Apples  Banana  Mandarir  LUNCH: 1 c Milk  LUNCH: 1	
LUNCH: 1 c milk  **Cinco de Mayo** Hard or Soft Tacos  LUNCH: 1 c milk  French Toast Sticks  W. Sausage & Potatoes  W. Broccoli  Chees	& Cheese
**Cinco de Mayo** Hard or Soft Tacos  4 WG Chicken Nuggets OR Fish Sticks W. Sausage & Potatoes W. Broccoli  1 Slice Chees	n Orange
Hard or Soft Tacos OR Fish Sticks w. Sausage & Potatoes W. Broccoli Chees	1 c milk
W. Sausage & Fotatoes W. Dioceon	
	se OR
Turkey, cheese, lettuce Slice of WG Bread OR Chik. Ceasar Wrap OR Ham & Cheese Sand. Pepper	eroni
salsa w. chips  W. Cuke Carrot & Tomato Salad  OR Greek Salad  OR Garden Salad w. Chicken  W. Baby	y Carrots
Oranges & Limeade! 1 Apple W. Diced Pears Applesauce Apple	esauce
12 BRKFAST: 1 c milk 13 BRKFAST: 1 c milk 14 BRKFAST: 1 c milk 15 BRKFAST: 1 c milk 16 BRKFAS	ST: 1 c milk
WG French Toast Sticks Cinnamon Raisin Bagel English Muffin Sandwich W. WG Cereal Lowfat	t Yogurt
Cheese cubes W. Cream Cheese Spread Egg, Ham & Cheese Lowfat Smoothie Graham	Crackers
1 Tangerine Apple W. Applesauce Banana Ban	nana
LUNCH: 1 c milk LUNCH: 1 c milk LUNCH: 1 c milk LUNCH:	1 c milk
Chicken Cacciatore Cheeseburger Swedish Meatballs 4 WG Chicken Nuggets 1 Slice	e Pizza
Served w. Ziti Pasta W. Roasted Potatoes Served W. Rotini & Broccoli OR Fish Sticks Chees	se OR
OR Chicken Salad Sandwich OR Turkey Sandwich OR Chicken Ceasar Wrap Slice of WG Bread Pepp	eroni
OR Caprese Salad OR Southwest Salad OR Greek Salad W Cuke Carrot & Tomato Salad Mixed Greek	een Salad
1 Apple Banana Pineapples 1 Mandarin Orange Mandarin	in Orange
* Whole fruit may be subject to change due to seasonality*	
19 BRKFAST: 1 c milk 20 BRKFAST: 1 c milk 21 BRKFAST: 1 c milk 22 BRKFAST: 1 c milk 23 BKFAST	T: 1 c milk
WG Pancakes WG Muffin English Muffin Sandwich W. WG Cereal WW Bage	el Sandwich
Berries Lowfat Cheesestick Egg, Ham & Cheese Lowfat Smoothie W. Egg Sauss	sage & Cheese
Apple W. Applesauce Banana Ap	ople
LUNCH: 1 c milk LUNCH: 1 c milk LUNCH: 1 c milk LUNCH:	1 c milk
4 WG Chicken Nuggets Meatball Grinder Chicken Patty Sandwich Nachos W. Beef, Cheese *National	BBQ Day!*
OR Fish Sticks W. Broccoli Served W. Corn Lettuce & Tortilla Scoops Picnic lune	ch outsid
Slice of WG Bread & OR Turkey Sandwich OR Chicken Ceasar Wrap OR Ham & Cheese Sandwich Grilled BBC	Q Chicker
	II, Chips
Pepper Tomato Mozz Salad OR Southwest Salad OR Greek Salad OR Garden Salad W. Chkn W. Roll	& Apple
Tepper formato mozz dalad	
T epper Fornaci Mozz Galad	
1 Mandarin Orange Banana 1 Mandarin Orange Pineapples Carrots  *All milk is either fat-free or 1% *All cereal is whole grain & low sugar	ST: 1 c milk
1 Mandarin Orange  Banana  1 Mandarin Orange  Pineapples  Carrots  *All milk is either fat-free or 1%  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  27 BRKFAST: 1 c milk  28 BRKFAST: 1 c milk  29 BRKFAST: 1 c milk  30 BRKFAST	ST: 1 c milk
1 Mandarin Orange  Banana  1 Mandarin Orange  Pineapples  Carrots  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage  WG Muffin  Bowlpak WG CEREAL  WW Bage	
1 Mandarin Orange  Banana  1 Mandarin Orange  Pineapples  Carrots  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage on stick!  28 BRKFAST: 1 c milk 29 BRKFAST: 1 c milk 29 BRKFAST: 1 c milk 30 BRKFAST  WG Muffin Bowlpak WG CEREAL WW Bage Lowfat Cheesestick Lowfat Smoothie W. Egg. Ha	el Sandwich
1 Mandarin Orange  Banana 1 Mandarin Orange Pineapples Carrots  *All milk is either fat-free or 1%  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL Pancakes & Sausage On stick! Downard Cheesestick Downa	el Sandwich am & Cheese
1 Mandarin Orange  Banana  1 Mandarin Orange  Pineapples  Carrots  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage  On stickl  Lowfat Cheesestick  Banana  1 Mandarin Orange  Pineapples  Carrots  *All cereal is whole grain & low sugar  28 BRKFAST: 1 c milk  29 BRKFAST: 1 c milk  30 BRKFAST  WW Bage  WG Muffin  Bowlpak WG CEREAL  WW Bage  On stickl  Lowfat Cheesestick  Lowfat Smoothie  W. Egg, Ha  Banana  LUNCH: 1 c milk	el Sandwich am & Cheese in Orange
1 Mandarin Orange  Banana  1 Mandarin Orange  Pineapples  Carrots  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage  on stickl  Don'stickl  Banana  1/2 C. Mixed Fruit  LUNCH: 1 c milk  Classic Hot Dog  Trench Toast Sticks  American Chop Suey  *All cereal is whole grain & low sugar	el Sandwich am & Cheese in Orange : 1 c milk
1 Mandarin Orange  *All milk is either fat-free or 1%  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage on stickl  Danana  LUNCH: 1 c milk  Classic Hot Dog W. Wheat Roll & Goldfish  No Substitution of the sticks with the substitution of the su	el Sandwich am & Cheese in Orange 1 c milk e Pizza ese OR
1 Mandarin Orange  *All milk is either fat-free or 1%  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage on stick!  Lowfat Cheesestick  Lowfat Smoothie  LUNCH: 1 c milk  Classic Hot Dog W. Wheat Roll & Goldfish Bell Pepper, Tomato &  OR Chik. Ceasar Wrap  Pineapples  *All cereal is whole grain & low sugar  *All cereal is w	el Sandwich am & Cheese in Orange : 1 c milk e Pizza ese OR peroni
1 Mandarin Orange  *All milk is either fat-free or 1%  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage on stickl  Don's tickl  Classic Hot Dog W. Wheat Roll & Goldfish Bell Pepper, Tomato & Mozzarella Salad  1 Mandarin Orange  Pineapples  *All cereal is whole grain & low sugar  *All cereal is whole grain & low sugar  28 BRKFAST: 1 c milk 29 BRKFAST: 1 c milk 20	el Sandwich am & Cheese in Orange :: 1 c milk e Pizza ese OR peroni d Greens
1 Mandarin Orange  *All milk is either fat-free or 1%  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage on stickl  Danana  LUNCH: 1 c milk Classic Hot Dog W. Wheat Roll & Goldfish Bell Pepper, Tomato & Mozzarella Salad  1 Mandarin Orange  Pineapples  *All cereal is whole grain & low sugar  28 BRKFAST: 1 c milk 29 BRKFAST: 1 c milk 30 BRKFAST 40 W Bage W. Eunochi 1/2 C. Mixed Fruit 40 Banana 41/2 C. Mixed Fruit 41 Banana 41/2 C. Mixed Fruit 41 Banana 42 BRKFAST: 1 c milk 43 Bowlpak WG CEREAL 44 WW Bage 45 W. Egg. Ha 46 Banana 46 Mandarin 47 C. Mixed Fruit 47 Banana 48 Mandarin 48 Cheese Sand. 48 OR Garden Salad w. Chicken 48 Cheese Sand. 49 OR Garden Salad w. Chicken 49 Cheese Sand. 40 OR Garden Salad w. Chicken 40 Carrots 40 C	el Sandwich am & Cheese in Orange : 1 c milk e Pizza ese OR peroni
1 Mandarin Orange  *All milk is either fat-free or 1%  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage on stick!  Lowfat Cheesestick Banana  LUNCH: 1 c milk Classic Hot Dog W. Wheat Roll & Goldfish Bell Pepper, Tomato & Mozzarella Salad  Apples  1 Mandarin Orange  Pineapples  *All cereal is whole grain & low sugar  *All cereal is whole start and sugar  *All cereal is whole start and sugar  *All cere	el Sandwich am & Cheese in Orange :: 1 c milk e Pizza ese OR peroni d Greens
*All milk is either fat-free or 1%  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk NO SCHOOL  Pancakes & Sausage on stick! Banana  LUNCH: 1 c milk Classic Hot Dog W. Wheat Roll & Goldfish Bell Pepper, Tomato & Mozzarella Salad Apples  We Peanut Butter & Yogurt Fun Lunch  Pancakes & Cracker Pack  *All cereal is whole grain & low sugar  *All cereal is	el Sandwich am & Cheese in Orange : 1 c milk ee Pizza ese OR peroni d Greens pple us Pack
1 Mandarin Orange  *All milk is either fat-free or 1%  *All cereal is whole grain & low sugar  26 BRKFAST: 1 c milk  NO SCHOOL  Pancakes & Sausage on stick!  Pancakes & Sausage on stick!  LUNCH: 1 c milk  Classic Hot Dog W. Wheat Roll & Goldfish Bell Pepper, Tomato & Mozzarella Salad  Apples  W. Diced Pears  Pineapples  Carrots  *All cereal is whole grain & low sugar  *All cereal is whole grain & low su	el Sandwich am & Cheese in Orange in 1 c milk e Pizza ase OR beroni d Greens apple us Pack nus Cup
1 Mandarin Orange  Banana 1 Mandarin Orange Pineapples Carrots *All milk is either fat-free or 1%  26 BRKFAST: 1 c milk NO SCHOOL  Pancakes & Sausage on stick! Banana LUNCH: 1 c milk Classic Hot Dog W. Wheat Roll & Goldfish Bell Pepper, Tomato & Mozzarella Salad Apples  W. Diced Pears  Pineapples  *All cereal is whole grain & low sugar  *All cereal is whole grain	el Sandwich am & Cheese in Orange : 1 c milk ee Pizza ese OR peroni d Greens pple us Pack

veggies & fruit and whole fuit

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