



Menu runs from 5/5 - 5/30

## MPA May Menu 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5 BRKFAST: 1 c milk</b> WG Pancakes Chicken Breakfast Sausage Mixed Berries <b>LUNCH: 1 c Milk</b> <b>**Cinco de Mayo**</b> <b>Hard or Soft Tacos</b> Turkey, cheese, lettuce salsa w. chips Oranges & Limeade!	<b>6 BRKFAST: 1 c milk</b> WG Muffin Lowfat Cheesestick Banana <b>LUNCH: 1 c milk</b> <b>4 WG Chicken Nuggets</b> <b>OR Fish Sticks</b> Slice of WG Bread W. Cuke Carrot & Tomato Salad 1 Apple	<b>7 BRKFAST: 1 c milk</b> Egg Sandwich W. Ham & Cheese Apples <b>LUNCH: 1 c milk</b> <b>French Toast Sticks</b> <b>w. Sausage &amp; Potatoes</b> <b>OR Chik. Ceasar Wrap</b> <b>OR Greek Salad</b> W. Diced Pears	<b>8 BRKFAST: 1 c milk</b> WG Bowlpak Cereal Lowfat Smoothie Banana <b>LUNCH: 1 c milk</b> <b>American Chop Suey</b> <b>W. Broccoli</b> <b>OR Ham &amp; Cheese Sand.</b> <b>OR Garden Salad w. Chicken</b> Applesauce	<b>9 BRKFAST: 1 c milk</b> Bagel Egg Sandwich w. Ham & Cheese Mandarin Orange <b>LUNCH: 1 c milk</b> <b>1 Slice Pizza</b> <b>Cheese OR</b> Pepperoni W. Baby Carrots Applesauce


<b>12 BRKFAST: 1 c milk</b> WG French Toast Sticks Cheese cubes 1 Tangerine <b>LUNCH: 1 c milk</b> <b>Chicken Cacciatore</b> <b>Served w. Ziti Pasta</b> <b>OR Chicken Salad Sandwich</b> <b>OR Caprese Salad</b> 1 Apple	<b>13 BRKFAST: 1 c milk</b> Cinnamon Raisin Bagel W. Cream Cheese Spread Apple <b>LUNCH: 1 c milk</b> <b>Cheeseburger</b> <b>W. Roasted Potatoes</b> <b>OR Turkey Sandwich</b> <b>OR Southwest Salad</b> Banana	<b>14 BRKFAST: 1 c milk</b> English Muffin Sandwich W. Egg, Ham & Cheese W. Applesauce <b>LUNCH: 1 c milk</b> <b>Swedish Meatballs</b> <b>Served W. Rotini &amp; Broccoli</b> <b>OR Chicken Ceasar Wrap</b> <b>OR Greek Salad</b> Pineapples	<b>15 BRKFAST: 1 c milk</b> WG Cereal Lowfat Smoothie Banana <b>LUNCH: 1 c milk</b> <b>4 WG Chicken Nuggets</b> <b>OR Fish Sticks</b> Slice of WG Bread W Cuke Carrot & Tomato Salad 1 Mandarin Orange	<b>16 BRKFAST: 1 c milk</b> Lowfat Yogurt Graham Crackers Banana <b>LUNCH: 1 c milk</b> <b>1 Slice Pizza</b> <b>Cheese OR</b> Pepperoni Mixed Green Salad Mandarin Orange
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**\* Whole fruit may be subject to change due to seasonality\***

<b>19 BRKFAST: 1 c milk</b> WG Pancakes Berries <b>LUNCH: 1 c milk</b> <b>4 WG Chicken Nuggets</b> <b>OR Fish Sticks</b> Slice of WG Bread & Pepper Tomato Mozz Salad 1 Mandarin Orange	<b>20 BRKFAST: 1 c milk</b> WG Muffin Lowfat Cheesestick Apple <b>LUNCH: 1 c milk</b> <b>Meatball Grinder</b> <b>W. Broccoli</b> <b>OR Turkey Sandwich</b> <b>OR Southwest Salad</b> Banana	<b>21 BRKFAST: 1 c milk</b> English Muffin Sandwich W. Egg, Ham & Cheese W. Applesauce <b>LUNCH: 1 c milk</b> <b>Chicken Patty Sandwich</b> <b>Served W. Corn</b> <b>OR Chicken Ceasar Wrap</b> <b>OR Greek Salad</b> 1 Mandarin Orange	<b>22 BRKFAST: 1 c milk</b> WG Cereal Lowfat Smoothie Banana <b>LUNCH: 1 c milk</b> <b>Nachos W. Beef, Cheese</b> <b>Lettuce &amp; Tortilla Scoops</b> <b>OR Ham &amp; Cheese Sandwich</b> <b>OR Garden Salad W. Chkn</b> Pineapples	<b>23 BKFAST: 1 c milk</b> WW Bagel Sandwich W. Egg Sausage & Cheese Apple <b>LUNCH: 1 c milk</b> <b>*National BBQ Day!*</b> <b>Picnic lunch outside</b> Grilled BBQ Chicken, W. Roll, Chips Carrots & Apple
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**\*All milk is either fat-free or 1%**

**\*All cereal is whole grain & low sugar**

<b>26 BRKFAST: 1 c milk</b> <b>NO SCHOOL</b>  <b>MEMORIAL DAY</b>	<b>27 BRKFAST: 1 c milk</b> Pancakes & Sausage on stick! Banana <b>LUNCH: 1 c milk</b> <b>Classic Hot Dog</b> <b>W. Wheat Roll &amp; Goldfish</b> <b>Bell Pepper, Tomato &amp; Mozzarella Salad</b> Apples	<b>28 BRKFAST: 1 c milk</b> WG Muffin Lowfat Cheesestick 1/2 C. Mixed Fruit <b>LUNCH: 1 C Milk</b> <b>French Toast Sticks</b> <b>w. Sausage &amp; Potatoes</b> <b>OR Chik. Ceasar Wrap</b> <b>OR Greek Salad</b> W. Diced Pears	<b>29 BRKFAST: 1 c milk</b> Bowlpak WG CEREAL Lowfat Smoothie Banana <b>LUNCH: 1 c milk</b> <b>American Chop Suey</b> <b>W. Broccoli</b> <b>OR Ham &amp; Cheese Sand.</b> <b>OR Garden Salad w. Chicken</b> Applesauce	<b>30 BRKFAST: 1 c milk</b> WW Bagel Sandwich W. Egg, Ham & Cheese Mandarin Orange <b>LUNCH: 1 c milk</b> <b>1 Slice Pizza</b> <b>Cheese OR</b> Pepperoni w.Mixed Greens Apple
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<b>WW Peanut Butter &amp; Jelly Sandwich</b> Served with fresh veggies and whole fruit	<b>Yogurt Fun Lunch</b> Lowfat Yogurt Served with WG Graham Cracker veggies & fruit	<b>Cheese &amp; Cracker Pack</b> Lowfat Cheese Stick Served with fresh veggies and whole fruit	<b>Hummus Pack</b> Hummus Cup Served with WG crackers fresh veggies and whole fruit
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**This institution is an equal opportunity provider.**