



Menu runs from 2/2 - 2/27

MPA February Menu 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BRKFAST: 1 c milk WG Pancakes Chicken Breakfast Sausage Mixed Berries LUNCH: 1 c Milk 4 WG Chicken Nuggets OR Fish Sticks Slice of WG Bread 3/4 c. Cucumber Pepper Salad 1 Apple	3 BRKFAST: 1 c milk WG Chocolate Muffin Lowfat Smoothie Banana LUNCH: 1 c Milk Classic Hot Dog on a WW Roll Served W. Baby Carrots and applesauce	4 BRKFAST: 1 c milk Breakfast Wrap w/ Egg, Cheese and Ham Apples LUNCH: 1 c milk Cheeseburger/Hamburger W. Roasted Potatoes OR Chicken Ceasar Wrap OR Chickpea Salad W. Roll 1 Navel Orange	5 BRKFAST: 1 c milk Cinnamon Mini Cinnis Lowfat Cheesestick Banana LUNCH: 1 c milk 1 Slice Pizza Cheese OR Pepperoni Mixed Green Salad Gala Apples	6 BRKFAST: 1 c milk Lowfat Yogurt with Granola Bar 1 Banana LUNCH: 1 c milk National Silent letter Day! Mr. B's Homemade Lasagna W/ Green Beans Garlic Bread & Applesauce

9 BRKFAST: 1 c milk WG French Toast Sticks Berries LUNCH: 1 c milk Chicken Patty Sandwich W. Roasted Potatoes OR Chicken Salad Sandwich OR Caprese Salad w. Roll 1 Apple	10 BRKFAST: 1 c milk Cherry Strudel Lowfat Cheesestick Navel Orange LUNCH: 1 c milk Nachos w. Taco Beef & Chs W. Lettuce & Tortilla Scoops OR Turkey & Chs Sandwich OR Garden Salad W. Cheese W. Banana	11 BRKFAST: 1 c milk Egg & Cheddar Cheese English Muffin Sandwich W. Gala Apple LUNCH: 1 c milk Mr. B's Famous Mac & Cheese Cheesy Bread Served W. Bell Peppers Oranges	12 BRKFAST: 1 c milk WW Donut Cluster Lowfat Smoothie Banana LUNCH: 1 c milk Pasta W. Meatballs W. Spring Mix Salad OR Veg Caprese Sandwich OR Chicken Caesar Salad W. Apples	13 BRKFAST: 1 c milk Cinnamon Raisin Bagel Lowfat Cream Cheese W. Applesauce LUNCH: 1 c milk 1 Slice Pizza Cheese OR Pepperoni W. cucumbers W. Oranges
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* Whole fruit may be subject to change due to seasonality*



*All milk is either fat-free or 1%

*All cereal is whole grain & low sugar

23 BRKFAST: 1 c milk Pancake & Sausage on a stick! 1/2 C. Berries LUNCH: 1 c milk 4 WG Chicken Nuggets OR Fish Sticks Slice of WG Bread 3/4 c. Fries 1 Apple	24 BRKFAST: 1 c milk WG Muffin Lowfat Cheesestick Mixed Fruit Cup LUNCH: 1 c milk Meatball Grinder on WW Roll W. Broccoli OR Turkey & Chs Sandwich OR Garden Salad W. Cheese W. Banana	25 BRKFAST: 1 c milk Egg & Cheddar Cheese English Muffin Sandwich W. Gala Apple LUNCH: 1 c Milk French Toast Sticks W. Sausage & Potatoes OR Chicken Ceasar Wrap OR Chickpea Salad W. Oranges	26 BRKFAST: 1 c milk Cinnamon Mini Cinnis Lowfat Smoothie Banana LUNCH: 1 c milk Shepards Pie Turkey & Gravy W. Mashed Potatoes and Corn W. Pineapples	27 BRKFAST: 1 c milk Cinnamon Raisin Bagel Lowfat Cream Cheese W. Applesauce LUNCH: 1 c milk 1 Slice Pizza Cheese OR Pepperoni w. Mixed Greens Oranges
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WW Peanut Butter & Jelly Sandwich Served with fresh veggies and whole fruit	Yogurt Fun Lunch Lowfat Yogurt Served with WG Graham Cracker veggies & fruit	Cheese & Cracker Pack Lowfat Cheese Stick Served with fresh veggies and whole fruit	Tuna Kit Tuna Salad W. Crackers fresh veggies and whole fruit	Hummus Pack Hummus Cup Served with WG crackers fresh veggies and whole fruit
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This institution is an equal opportunity provider.